

What to Wear to a Job Interview

What you wear to a job interview is important. While an employer is going to make decisions based on how well you interview, what you wear also plays a role. An employer is going to form a first impression about you based on how you dressed for the interview. That is why it is always important to dress professionally.

Professional business attire is typically your best option for a job interview, especially if you are interviewing for a job in an office setting. A nice suit with a dress shirt and dress shoes is a great option. If you do not own a suit, nice dress pants, a tucked-in dress shirt, and a jacket is a good option.



Depending on the job you are interviewing for, business casual clothing could be an option to wear to an interview. Examples are jobs at a warehouse, construction company, or other places that don't typically require you to dress up for work. Business casual attire still needs to look professional. An example is a nice polo shirt or button-down tucked into khaki pants with dress shoes.

Some clothing should always be avoided when dressing for an interview. This includes hoodies/ sweatshirts, jeans (especially jeans with holes), t-shirts, sweat-pants, sandals, and tennis shoes. Revealing clothing or clothing that is bright or distracting should also be avoided.

Other interview tips:

- Make sure your clothes are clean and ironed if possible.
- Plan and assemble your interview attire the night before your interview. This will help you pick the perfect outfit, and you won't be rushing before your interview.
- It is important to have good hygiene for your interview. Make sure your hair is well-groomed, and your nails are trimmed and clean.
- Avoid wearing strong-smelling perfume or cologne. It can be distracting, and someone may be allergic.

