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## Military Service Members, Veterans, and Military Spouses

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Are you looking to transition your military skills to a civilian career? The resources below can help you know your options and get help. Military spouses will also find tools to help them highlight their unique, valuable skills.



### GET HELP AND PLAN YOUR CAREER

- **Minnesota Veteran Employment Representatives**  
*CareerForce*  
[careerforcemn.com/dedicated-veterans-employment-team](https://careerforcemn.com/dedicated-veterans-employment-team)  
CareerForce representatives are available in every region to help current and former military members who are looking for work. Representatives are also available to work specifically with Native American Veterans and Justice-Involved Veterans.  
651-259-7501  
[careerforce@state.mn.us](mailto:careerforce@state.mn.us)
- **Veteran and Military Transition Center**  
*CareerOneStop*  
[careeronestop.org/Veterans](https://careeronestop.org/Veterans)  
Visit this national tool to explore civilian careers, learn about going to school, search for a job, and find out about benefits and assistance available for veterans and military members.
- **Vet & Service Member Roadmap**  
*Hiring Our Heroes & George W. Bush Institute*  
[vetroadmap.org](https://vetroadmap.org)  
This comprehensive tool provides transitioning veterans and service members resources to navigate the employment landscape and succeed in the civilian workforce.

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## Military, Veterans, and Military Spouses (continued)

- **Military Skills Translator**  
*Military.com*  
[military.com/veteran-jobs/skills-translator](https://military.com/veteran-jobs/skills-translator)  
Match your military experience to civilian jobs.
- **Disabled Veterans**  
*Employer Assistance and Resource Network on Disability Inclusion*  
[askearn.org/topics/recruitment-hiring/disabled-veterans](https://askearn.org/topics/recruitment-hiring/disabled-veterans)  
Find FAQs to help veterans with service-connected disabilities connect to employment after leaving the military.
- **Apprenticeships for Servicemen and Veterans**  
*U.S. Department of Labor*  
[apprenticeship.gov/service-members-and-veterans](https://apprenticeship.gov/service-members-and-veterans)  
Find apprenticeship opportunities for active-duty service members, transitioning members and veterans who are looking for civilian careers.

### PAY FOR TRAINING

- **How to use your GI Bill benefits**  
*U. S. Department of Veterans Affairs*  
[va.gov/education/about-gi-bill-benefits/how-to-use-benefits](https://va.gov/education/about-gi-bill-benefits/how-to-use-benefits)  
Learn how to use your benefits to advance your education and training.

### WRITE A RESUME

- **Verification of Military Experience and Training (VMET)**  
[tinyurl.com/milconnectVMET](https://tinyurl.com/milconnectVMET)  
All Department of Defense Service members and veterans can request a VMET which describes their Service occupation and contains training and experience records. Use this record to prepare your resume and apply for a job.
- **Request Military Service Records**  
[archives.gov/veterans/military-service-records](https://archives.gov/veterans/military-service-records)  
Most veterans can obtain free copies of the Report of Separation (DD Form 214) and other military service records. Visit this site to learn how to request your records.
- **Resume Engine**  
*Hiring Our Heroes – U.S. Chamber of Commerce Foundation*  
[resumeengine.org](https://resumeengine.org)  
Resume Engine helps service members and veterans translate their military record into a skills-based resume designed for civilian employers.

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## Military, Veterans, and Military Spouses (continued)

### FIND A JOB

- **Veteran Employment Center**

*The American Legion and Military.com*

[legion.monster.com](http://legion.monster.com)

Use this search tool to find jobs that are open now. You will also find tools to help you translate your military skills to a civilian career, learn about your military benefits, and find career advice.

- **The Veterans Employment Initiative**

[fedshirevets.gov](http://fedshirevets.gov)

Many federal agencies have initiatives to promote hiring of veterans within their agencies. Visit this site to learn about the federal employment process and find featured jobs.

### TOOLS FOR MILITARY SPOUSES

- **My Career Advancement Account (for military spouses)**

*Department of Defense (DoD)*

[mycaa.militaryonesource.mil/mycaa](http://mycaa.militaryonesource.mil/mycaa)

This scholarship program for military spouses provides financial assistance for licenses, certifications, or an Associate's degree.

- **Career Spark**

*Hiring Our Heroes – U.S. Chamber of Commerce Foundation*

[mycareerspark.org](http://mycareerspark.org)

Career Spark is specifically designed to help military spouses create a skills-based resume.

- **Military Spouse Employment Partnership**

*Department of Defense (DoD)*

[myseco.militaryonesource.mil/portal/msep/jobsearch](http://myseco.militaryonesource.mil/portal/msep/jobsearch)

Search for jobs on this tool specifically designed for military spouses.

### OTHER RESOURCES FOR MILITARY CONNECTED

- **Veterans Crisis Line 24/7**

[veteranscrisisline.net](http://veteranscrisisline.net) | 1-800-273-8255 (Press 1)

The crisis line offers phone, chat, or email help 24/7 for Service Members, Veterans, National Guard and Reserve and their family members and friends.

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## Military, Veterans, and Military Spouses (continued)

- **ESGR**

*Department of Defense (DoD)*

[esgr.mil](http://esgr.mil)

This DoD program helps Reserve Service members and their civilian employers resolve conflicts that arise from a Service members military commitment. A no-cost customer support center is available to answer questions and refer cases to a trained ombudsman for mediation assistance if needed. Submit requests for help online or call 800.336.4590 (Option 1).

- **Minnesota Association of County Veterans Service Officers (MACVSO)**

[macvso.org](http://macvso.org)

A county Veterans Service Officer can help you understand and obtain your benefits. Contact your local Officer to get help with VA healthcare, disability compensation, education benefits, job placement, and more.

- **Minnesota Assistance Council for Veterans (MACV)**

[mac-v.org](http://mac-v.org)

MACV helps veterans and families who are homeless or at risk of becoming homeless. MACV also has employment specialists to help veterans transition to civilian jobs.

- **Minnesota Department of Veterans Affairs**

[mn.gov/mdva](http://mn.gov/mdva)

Find information about benefits and resources. Also connect to the [LinkVet.org](http://LinkVet.org) Support site.